



Waltham Forest Coach Education

*Feel
Good*

Waltham Forest Feel Good Coach Development Updates and Courses - January 2023

The Waltham Forest Feel Good Team are committed to ensuring individuals, community groups and clubs are supported to deliver safe and effective sports provision in the borough. Following your responses to the coach development questionnaire that we sent to you back in March 2022 your responses led to us organizing the courses below, which has supported a total of 120 participants across all clubs and organizations.

- Emergency First Aid at Work Level 3 (VTQ)
- Coaching Children 5-12: The Next Generation (UK Coaching)
- Safeguarding Children and Young People Online Renewal Course
- Mental Health Awareness in Sport and Physical Activity Online Course

We are now planning to schedule the next coach development practical course which will be [Coaching Children 5-12: The Next Generation](#). If you are interested in registering for this course, please select the date(s) that you will be available to attend this course via the link in the table below. We still have spaces available for you to book onto both our online courses **Renewal: Safeguarding and Protecting Children** and **Mental Health Awareness for Sport and Physical Activity**, which you can book onto using the links in the table below. All courses and workshops are offered for FREE, however please note that places will be limited to a maximum of two people per club or community group given the expected demand and the need to ensure that **all** clubs and community groups can have some of their coaches trained. Feel Good Accredited Clubs and Coaches will have early access to book on courses, then spaces will be available for Sports Coaches, Clubs, Volunteers and aspiring coaches that have an active role within a Waltham Forest Sport Club or Community Group that benefit Waltham Forest residents.

To book – click the 'BOOK NOW' link next to the relevant course you wish to attend and complete the online booking form.

Should you book a space on a course and decide you are unable to attend please ensure that you cancel your booking via Eventbrite 48 hours prior to the course or workshop taking place. Failure to do this could result in you being unable to book any future courses or workshops and your club being charged for your space.

The Feel Good Coach Development courses and workshops provide an opportunity to update CPD qualifications, network with other clubs and acquire new skills. We have also provided information below on some funding opportunities and additional FREE online courses and workshops, we hope you find this useful. Should you have any enquiries or wish to receive updates regarding the above and Sport & Leisure in Waltham Forest please email

Feel.Good@walthamforest.gov.uk

Current Training and Course Dates

Online Link will be provided	Renewal: Safeguarding and Protecting Children	BOOK NOW
Online Link will be provided	Mental Health Awareness for Sport and Physical Activity	BOOK NOW
PLEASE COMPLETE QUESTIONNAIRE	Coaching Children 5-12: The Next Generation	CLICK HERE TO COMPLETE

Please Note: These workshops are only available for Clubs/Organisations/Coaches/Volunteers +16 who work with a Sport & Physical Activity Organisations in Waltham Forest with first access for Feel Good Accredited Clubs and Individuals



Help Us Shape Our New Physical Activity & Sports Strategy

Waltham Forest is committed to improving sports facilities and leisure facilities for all. We recognize that to enable more residents in the Borough to get physically active our leisure offer needs to adapt to meet the changing needs of its residents. That's why we want to hear from you to help us shape our new **Physical Activity and Sports Strategy** by completing a short online survey. The strategy will set out the Council's priorities to improve physical activity participation, while reducing inequalities in activity levels across the area over the next 5 years (2023 – 2027).



Sports Club Survey:

https://www.surveymonkey.co.uk/r/LBWF_Physical_Activity_and_Sports_Strategy_Sports_Club_Consultation_Survey

Community survey:

https://www.surveymonkey.co.uk/r/LBWF_Physical_Activity_and_Sports_Strategy_Community_Consultation_Survey

Opportunities Courses & Workshops

	<p>1. ACCESS SPORT RECRUITING YOUTH BOARD MEMBERS.</p> <p>Access Sport are currently recruiting new members for the Youth Board. Applications are currently open to young people aged 15 – 25 years old with a passion for making a difference through sport. We welcome and encourage applications from young people who are disabled from ethnically diverse communities, who are female and from different religions and backgrounds. We'd love to invite applicants to apply from our core cities where we will accommodate online and in person meetings.</p> <p>To find out more and how to apply please download the application pack which is available on our website: Join The Team Access Sport</p> <p>Applications should be sent to Careers@AccessSport.org.uk. Applications can also be made over the phone on 020 7993 9883.</p> <p>The closing date is Friday 27th January at 5 pm. If anyone has any questions, please do ask them to get in touch with Sophie.Epsley@AccessSport.org.uk</p>	
	<p>Club Matters offer FREE online training to sports clubs on the below topics.</p> <ul style="list-style-type: none">Simpler FinanceEvaluating MarketingGood GovernanceVAT and SportsClubs Twitter GuidanceClubmark AccreditationYouth Club Experience	<p>https://learn.sportengland.clubmatters.com/</p>

Feel Good



Child Protection in Sport Unit
play sport stay safe
enjoy and achieve

Keeping Your Child Safe in Sport

Time to Listen training – multi-sport

[Training and events | NSPCC Child Protection in Sport Unit](#)
thecpsu.org.uk



New Club Matters Health Check Tool launched

Club Matters have released a new Health Check Tool, designed to support anyone that runs community sports clubs, groups and organisations. The interactive self-assessment tool helps users understand their organisation's strengths and identify any areas for development, so they can ensure they are providing a safe environment, whilst meeting legal requirements.

The tool can be accessed [here](#).



Women working in Sport

Professional development network for women working in sport.
 The Women's Sport Collective on LinkedIn hosts a rolling programme of online events across a whole range of topics supported by a partnership at Sky who enable membership to the collective to be free of charge to all women working in sport.

Available [here](#) on LinkedIn

MAYOR OF LONDON

Find your perfect volunteer via Team London

The Team London volunteering website is free and open to non-profit organisations across London.

Click [here](#)






Promoting sport and physical activity through insight

The London Sport Insight Portal was developed to promote staff and partner access to relevant sector data and publications, to help users tell their own stories about data, and support efforts linked to developing active lives practice and policy. Share your feedback on the portal by completing a 5-minute survey and enter a prize draw for £25 worth of Amazon vouchers.

Click [here](#)



Funding Opportunities

	<p><u>Queen's Platinum Jubilee Activity Fund – closing date for applications is 30 June 2023.</u></p> <p>Celebrating the Queen’s Platinum Jubilee year, this fund supports projects that bring communities together and provide opportunities for people who may be less active. Awards of £300-£10,000 are available for not-for-profit organizations.</p>	<p>Click here</p>
	<p><u>GLA FUTURE READY FUND</u></p> <p>The GLA are due to be open for application for the Future Ready Fund, which will award organizations up to £25,000 to deliver a person-centred after-school sports and mentoring programme in a school setting to work with children in years 5 and 6 who are experiencing difficulties within the primary setting and/or may have been excluded in the short term already.</p> <p>How do I apply? Applications are accepted via an application form; the link will be on the GLA website by soon. The application deadline is Friday 10th of February 2023 12 Noon. Applicants are advised to carefully read these ‘Fund Guidance Notes’ before applying.</p> <p>Can I talk to someone about my application before I apply? Yes, we are happy to speak to you about your application so please get in touch with the Mayor of London’s Sport Team Email: cedric.kabongo@london.gov.uk</p>	
	<p><u>GLL Sport Foundation Awards 2023 - Applications</u></p> <p>Talented athletes from 65 areas across the UK are invited to apply for a range of support awards which include financial help, access to sport facilities, physiotherapy, lifestyle mentoring and mental health aid. https://www.gllsportfoundation.org/how-to-apply</p> <p>Applications are open until 20th February 2023 via the website portal</p>	